



El Camino College
COURSE OUTLINE OF RECORD – Approved

I. GENERAL COURSE INFORMATION

Subject and Number: Dance 130A
Descriptive Title: Beginning Modern Dance A
Course Disciplines: Dance
Division: Fine Arts

Catalog Description:

This course is the first in a sequence of four levels of modern dance. It focuses on the development of dance skills through modern dance movement, emphasizing combinations on the floor and standing or traveling through space. Creative expression is included through exploration of dance skills. Attendance is required at selected dance events.

Note: Letter grade or pass/no pass option.

Conditions of Enrollment:

Recommended Preparation: Dance 110 or equivalent AND English A

Course Length: X Full Term Other (Specify number of weeks):
Hours Lecture: 1.00 hours per week TBA
Hours Laboratory: 3.00 hours per week TBA
Course Units: 2.00

Grading Method: Both
Credit Status: Associate Degree Credit

Transfer CSU: X **Effective Date: Prior to July 1992**
Transfer UC: X **Effective Date: May 1994**

General Education:

El Camino College:
5 – Health and Physical Education

Term: Other: Approved

CSU GE:

IGETC:

II. OUTCOMES AND OBJECTIVES

A. COURSE STUDENT LEARNING OUTCOMES (The course student learning outcomes are listed below, along with a representative assessment method for each. Student learning outcomes are not subject to review, revision or approval by the College Curriculum Committee)

1. Upon successful completion of this course the student will be able to demonstrate movement sequences of basic modern dance vocabulary.
2. Upon successful completion of this course the student will be able to differentiate between and exhibit warm-up and center work modern dance exercises at a basic level.
3. Upon successful completion of this course the student will be able to interpret the codification of basic modern dance terminology.

The above SLOs were the most recent available SLOs at the time of course review. For the most current SLO statements, visit the El Camino College SLO webpage at <http://www.elcamino.edu/academics/slo/>.

B. Course Student Learning Objectives (The major learning objective for students enrolled in this course are listed below, along with a representative assessment method for each)

1. Apply modern dance terminology such as alignment, opposition, articulation of the spine in contraction and release, fall and recovery and conceptual elements of time, space and energy.
 - Performance exams
2. Develop strength, flexibility and endurance through longer center phrases that combine swings, falls, recoveries and longer balances in extension, flexion and rotation of the torso and legs.
 - Performance exams
3. Demonstrate modern dance movement through floor work, center work, and axial and locomotor patterns.
 - Performance exams
4. Develop the awareness of the torso as the center of physical control by connecting abdominal lift with breath in the upper torso.
 - Performance exams
5. Compare and contrast modern dance styles and the techniques of Graham, Limon, Horton, and Cunningham.
 - Oral exams
6. Communicate and express musicality in phrasing, rhythm and dynamics by maintaining the designated pulse or pattern of beats against contrasting music, other simultaneously danced phrases, or without accompaniment.
 - Performance exams
7. Critique events from class activities, video observations, and live performances in terms of technical and aesthetic criteria.
 - Written homework
8. Perform dances incorporating increased skills and awareness of total body expression.
 - Performance exams

III. OUTLINE OF SUBJECT MATTER (Topics are detailed enough to enable a qualified instructor to determine the major areas that should be covered as well as ensure consistency from instructor to instructor and semester to semester.)

| Lecture or Lab | Approximate Hours | Topic Number | Major Topic |
|-------------------------------|--------------------------|---------------------|---|
| Lecture | 10 | I | Placement and alignment A. Joint articulation B. Total body awareness in space C. Opposition in movement for performance dynamics |
| Lecture | 8 | II | Introduction to longer center floor phrases combining swings A. Falls B. Turns and dynamic changes |
| Lab | 8 | III | Locomotion and axial movement A. Changes in direction B. Change in tempo C. Changes in level and focus |
| Lab | 12 | IV | Center Phrase Work A. Demonstration of learned movement phrases B. Synthesis of alignment, articulation and control in technique demonstrations |
| Lab | 8 | V | Articulation of feet and legs A. Standing center work B. Locomotion C. Elevation |
| Lab | 14 | VI | Aesthetic Expression in Movement Studies A. Awareness of artistry in performance B. Kinetic response to music and imagery |
| Lab | 12 | VII | Performance Strategies A. Practice with costume, lights, props and sound B. Stage placement of dancers for final performance |
| Total Lecture Hours | | 18 | |
| Total Laboratory Hours | | 54 | |
| Total Hours | | 72 | |

IV. PRIMARY METHOD OF EVALUATION AND SAMPLE ASSIGNMENTS

A. PRIMARY METHOD OF EVALUATION:

Skills demonstrations

B. TYPICAL ASSIGNMENT USING PRIMARY METHOD OF EVALUATION:

Demonstrate different areas of impulse for spine articulation through contraction/release in seated and standing positions.

C. COLLEGE-LEVEL CRITICAL THINKING ASSIGNMENTS:

1. In an impromptu performance, demonstrate musical perception by adapting dance movements to changes in meter, tempo, and quality of accompaniment.
2. In a 2-3 page paper, critique a dance performance by evaluating its dynamics, use of weight, flow and attack of movement.

D. OTHER TYPICAL ASSESSMENT AND EVALUATION METHODS:

Performance exams
Other exams
Laboratory reports
Class Performance
Multiple Choice
Completion
Matching Items
True/False

V. INSTRUCTIONAL METHODS

Demonstration
Discussion
Group Activities
Guest Speakers
Laboratory
Lecture
Multimedia presentations

Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instruction delivery shall provide access, full inclusion, and effective communication for students with disabilities.

VI. WORK OUTSIDE OF CLASS

Skill practice
Required reading
Problem solving activities
Written work
Observation of or participation in an activity related to course content

Estimated Independent Study Hours per Week: 2

VII. TEXTS AND MATERIALS

A. UP-TO-DATE REPRESENTATIVE TEXTBOOKS

Joshua Legg, Introduction to Modern Dance Techniques, Princeton Book Company, 2011. Discipline standard.

B. ALTERNATIVE TEXTBOOKS

C. REQUIRED SUPPLEMENTARY READINGS

D. OTHER REQUIRED MATERIALS

Dance Attire

VIII. CONDITIONS OF ENROLLMENT

A. Requisites (Course and Non-Course Prerequisites and Corequisites)

| Requisites | Category and Justification |
|------------|----------------------------|
|------------|----------------------------|

B. Requisite Skills

| Requisite Skills |
|------------------|
|------------------|

C. Recommended Preparations (Course and Non-Course)

| Recommended Preparation | Category and Justification |
|---|--|
| Course Recommended Preparation or Dance-110 | |
| Non-Course Recommended Preparation AND equivalent | Students entering Dance 130A will benefit with knowledge of basic dance terminology and technique to enhance their success in this class. Dance 110 is highly recommended. |
| Course Recommended Preparation English-A | |

D. Recommended Skills

| Recommended Skills |
|--|
| <p>Recommended skill: Knowledge of basic dance positions of the body, such as first, second, fourth, and fifth position of the feet. Basic knowledge of locomotor and stationary axil movement. Recommended skill: Basic writing skills to enhance their ability to write organized and coherent short essays such as critiques of dance performances.</p> <p>DANC 110 - Identify and define basic dance vocabulary and technique skills that are germaine to ballet, jazz and modern dance.</p> <p>DANC 110 - Identify and define basic dance vocabulary and technique skills that are germaine to ballet, jazz and modern dance.</p> <p>DANC 110 - Identify and execute dance terms such as plies, degages, turns, triplets, and jumps.</p> <p>DANC 110 - Identify and execute dance terms such as plies, degages, turns, triplets, and jumps.</p> |
| <p>Basic writing skills to enhance their ability to write organized and coherent short essays such as critiques of dance performances. ENGL A - Read and apply critical thinking skills to college-level expository prose for the purposes of writing and discussion.</p> |

E. Enrollment Limitations

| Enrollment Limitations and Category | Enrollment Limitations Impact |
|-------------------------------------|-------------------------------|
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Course created by Elizabeth Oberstein on 01/01/1990.

BOARD APPROVAL DATE: 04/09/1990

LAST BOARD APPROVAL DATE: 06/17/2019

Last Reviewed and/or Revised by: Elizabeth Adamis

Date: 3-22-2019